

One winter morning warm your heart this christmas Tutorial

One winter morning warm your heart this Christmas? a phrase that encapsulates the magic and warmth of the holiday season. As the winter mornings grow colder and the days shorter, it's the perfect time to embrace the spirit of Christmas, spreading love, kindness, and joy to those around us. In this article, we'll explore meaningful ways to warm your heart and the hearts of others during this special time of year, along with tips to make your Christmas memorable and fulfilling.

Embrace the Spirit of Giving

Acts of Kindness That Make a Difference

The essence of Christmas lies in giving, not just material gifts but also time, compassion, and love. Small acts of kindness can have a profound impact on both the giver and the receiver. Consider:

- Donating to local charities or food banks to help those in need.
- Buying gifts for children or families who cannot afford presents.
- Volunteering at shelters, soup kitchens, or community centers.
- Writing heartfelt letters or cards to loved ones and neighbors.
- Organizing a neighborhood cleanup or holiday decoration event.

Thoughtful Gift-Giving Ideas

Gifts are a traditional part of Christmas, but thoughtful presents often carry more meaning than expensive items. Some ideas include:

- Homemade baked goods or crafts that show personal effort.
- Personalized items like engraved jewelry or custom photo albums.
- Subscriptions to favorite magazines, streaming services, or book clubs.
- Experience gifts, such as tickets to concerts, theaters, or holiday events.
- Support for local artisans or small businesses by purchasing unique crafts.

Create Cozy and Festive Atmospheres

Decorate Your Home for the Holidays

Transforming your living space into a winter wonderland can elevate the holiday spirit. Consider decorating with:

- Christmas trees adorned with lights, ornaments, and tinsel.
- Wreaths made of evergreen branches, berries, and pinecones.
- String lights and lanterns to add warmth and ambiance.
- Festive table settings with candles, seasonal colors, and motifs.
- DIY crafts like paper snowflakes or garlands for a personal touch.

Creating a Warm and Inviting Environment

Apart from decorations, focus on making your home cozy:

- Use soft blankets and plush cushions on sofas and chairs.
- Set the fireplace or heater to a comfortable temperature.
- Play gentle Christmas music in the background.
- Prepare warm drinks like hot chocolate, mulled wine, or spiced cider.
- Cook and bake seasonal treats that fill the house with inviting aromas.

Engage in Meaningful Holiday Activities

Family and Community Celebrations

Festive activities foster bonding and create lasting memories:

- Organize a Christmas movie marathon with classic holiday films.
- Host a cookie decorating party for family and friends.
- Attend local Christmas markets or light displays.
- Participate in community caroling or holiday parades.
- Set up a gift exchange or Secret Santa with loved ones.

Spreading Joy Through Service

Volunteering during the holiday season not only helps others but also enriches your own spirit:

- Serve meals at shelters or community kitchens.
- Visit nursing homes or hospitals to share holiday cheer with residents.

- Organize a donation drive for toys, clothing, or books.
- Offer to run errands or do chores for elderly neighbors.
- Participate in charity runs or fundraising events supporting causes you care about.

Reflect and Cultivate Gratitude

Practicing Mindfulness and Reflection

The Christmas season is a perfect opportunity to pause and reflect on the past year. Consider:

- Keeping a gratitude journal, listing things you're thankful for each day.
- Sharing stories and memories with family that highlight your blessings.
- Taking time for personal meditation or prayer to find inner peace.
- Expressing appreciation to those who have made a positive impact in your life.

Setting Intentions for the New Year

Use this season to set meaningful goals:

- Identify areas where you want to grow or improve.
- Commit to acts of kindness and service in the coming year.
- Prioritize self-care and well-being.
- Strengthen relationships with family, friends, and community.
- Embrace new hobbies or skills that bring joy and fulfillment.

Embrace Cultural and Religious Traditions

Respecting Diversity and Celebrating Uniqueness

Christmas is celebrated worldwide, often blending religious and cultural traditions. Respect and learn about various customs:

- Attend religious services or ceremonies relevant to your faith or interest.
- Participate in cultural festivals or traditional dances.
- Share stories and customs from different cultures with your family.
- Cook traditional dishes from around the world.
- Learn about the origins and significance of various holiday symbols.

Prioritize Self-Care During the Holidays

Managing Stress and Staying Healthy

The holiday season can be hectic, so it's essential to care for yourself:

- Maintain a balanced diet and stay hydrated.
- Ensure adequate sleep and rest.
- Incorporate physical activity, like walks or dance.
- Set boundaries to avoid overcommitting.
- Practice relaxation techniques such as deep breathing or meditation.

Finding Joy in Simplicity

Sometimes, the simplest moments bring the greatest happiness:

- Enjoy a quiet morning with a warm cup of tea or coffee.
- Take a moment to watch snowfall or listen to the crackling fire.
- Write a heartfelt letter or message to someone you cherish.
- Spend quality time with loved ones without distractions.
- Pause to appreciate the beauty of the winter season.

Conclusion: Make This Christmas Truly Special

One winter morning can be the start of a season filled with warmth, love, and meaningful moments. By embracing the spirit of giving, creating cozy environments, engaging in heartfelt activities, practicing gratitude, respecting diverse traditions, and caring for your well-being, you can truly warm your heart and those of others this Christmas. Remember, the greatest gift is often the kindness and love we share, making this holiday season unforgettable for everyone involved. Let this be a time to reflect, connect, and celebrate the joy that comes from giving and sharing with an open heart.

One winter morning warm your heart this Christmas ? a phrase that evokes the cozy, heartfelt magic of the holiday season. As winter blankets the world in frosty white and twinkling lights adorn every street, there's an unmistakable warmth that spreads through our hearts when we embrace the true spirit of Christmas. This guide explores how to make that winter morning truly special, filling your day with joy, love, and meaningful moments that will linger long after the last snowflake falls.

Embracing the Spirit of Christmas: Why a Warm Heart Matters

Christmas isn't just about exchanging gifts or decorating trees; it's about cultivating a sense of warmth, compassion, and connection. The cold winter mornings outside contrast beautifully with the warmth we can generate within ourselves. By intentionally fostering this inner warmth, you set the tone for a joyful, memorable holiday season.

Why focus on warming your heart?

- It enhances your emotional well-being, reducing stress and anxiety.
- It fosters stronger relationships with family, friends, and community.
- It embodies the true meaning of Christmas—hope, generosity, and love.

Setting the Scene for a Heartwarming Winter Morning

Creating an environment that invites comfort and joy is the first step toward a memorable Christmas morning. Here's how you can set the scene:

- Prepare a Cozy Space
 - Warm blankets and soft throws: Layer up your favorite cozy textiles on your sofa or bed.
 - Ambient lighting: Use fairy lights, candles, or a crackling fireplace to create a gentle glow.
 - Festive decor: Incorporate seasonal touches like pinecones, wreaths, or Christmas figurines to evoke the holiday spirit.
- Plan a Heartfelt Breakfast

A nourishing, delicious breakfast can set the tone for the day. Think warm, comforting foods like:

- Cinnamon-spiced oatmeal topped with dried fruits and nuts
- Freshly baked cinnamon rolls or muffins
- Hot cocoa or spiced tea with a splash of cream
- Play Uplifting Christmas Music

Create a playlist of your favorite holiday classics—songs that evoke nostalgia and joy. Music is a powerful mood booster and instantly transports you into the Christmas spirit.

Morning Rituals to Warm Your Heart

Starting your day with intentional rituals can deepen your connection to the season and cultivate inner warmth.

- Practice Gratitude

Begin by reflecting on what you're grateful for. Write down three things that bring you joy or gratitude this Christmas season. This simple practice shifts your focus from stress to appreciation.

- Connect with Loved Ones

Whether it's a heartfelt phone call, a virtual gathering, or sharing a hug with family members, connecting creates a sense of belonging and warmth.

- Engage in a Kindness Act

Perform a small act of kindness, such as:

- Sending a handwritten note or Christmas card to someone who needs encouragement
- Preparing a gift or treat for a neighbor or friend
- Volunteering your time at a local shelter or charity

Acts of kindness not only warm others' hearts but also boost your own sense of fulfillment and joy.

Activities to Enrich Your Christmas Morning

Transform your winter morning into a meaningful experience with these enriching activities:

- Read a Heartwarming Christmas Story

Dive into classic tales like "A Christmas Carol" or "The Gift of the Magi". Reading stories that emphasize kindness, hope, and generosity can inspire your day.

- Create Handmade Decorations or Gifts

Engage in crafting; handmade items carry personal warmth and meaning. Ideas include:

- Making paper snowflakes or ornaments
 - Baking cookies to share with neighbors
 - Writing personalized Christmas cards
-
- Reflect and Set Intentions for the Season

Spend a few moments journaling your hopes and intentions for the holidays. Focus on what really matters to you?spreading kindness, spending quality time, or practicing gratitude.

Connecting with the Community and Giving Back

One of the most heartwarming aspects of Christmas is giving. Use your winter morning to engage in community-focused activities:

- Volunteer

Offer your time at local shelters, food banks, or community centers. Your presence and support can brighten someone's day.

- Donate to Charities

Consider donating clothes, toys, or funds to causes that support those in need. Your generosity embodies the true Christmas spirit.

- Share Your Warmth

Invite neighbors or friends over for a warm drink or a holiday walk. Small gestures foster community bonds and spread warmth.

Practical Tips for a Heartwarming Christmas Morning

To ensure your day is filled with warmth and joy, keep these practical tips in mind:

- Limit screen time: Focus on real connections rather than digital distractions.
- Prioritize self-care: Take time to relax, breathe, and enjoy the moment.
- Stay present: Engage fully in activities, appreciating each moment.
- Express appreciation: Tell loved ones how much they mean to you.

Final Thoughts: Making Your Winter Morning Truly Special

One winter morning warm your heart this Christmas by intentionally cultivating an atmosphere of love, gratitude, and kindness. Remember, the magic of Christmas isn't just in the grand gestures but in the small, heartfelt moments that fill your day with warmth and connection. Whether you're spending the morning alone, with family, or sharing joy with your community, the spirit of Christmas shines brightest when fueled by genuine care and compassion.

As you wake up to the frosty beauty outside, let that cold inspire you to create warmth within through kindness, gratitude, and love. This holiday season, may your winter mornings be filled with heartfelt moments that stay with you long after the snow has melted.

Question How can I make my winter mornings feel warmer and more joyful during Christmas? Start your mornings with a cozy cup of hot chocolate or tea, play festive music, and indulge in comforting activities like reading holiday stories or lighting candles to create a warm and joyful atmosphere. What are some meaningful ways to warm your heart on a winter morning during Christmas? Engage in acts of kindness, such as volunteering or helping a neighbor, reflect on gratitude, and spend quality time with loved ones to foster warmth and connection during the holiday season. How can I create a heartwarming Christmas morning routine during winter? Incorporate traditions like opening gifts together, enjoying a special breakfast, and sharing heartfelt conversations to make your Christmas morning memorable and emotionally fulfilling. What simple gestures can warm someone's heart on a cold winter morning at Christmas? Offering a heartfelt compliment, writing a handwritten note, or preparing a warm meal for someone can brighten their day and add warmth to the winter season. How does embracing the spirit of Christmas help warm your heart during winter mornings? Embracing the spirit of giving, gratitude, and togetherness fosters feelings of love and warmth, making winter mornings more cheerful and heartwarming during the holiday season. What are some cozy activities to do alone or with loved ones to warm your heart on a winter morning this Christmas? Activities like baking holiday treats, building a snowman, watching classic Christmas movies, or crafting DIY decorations can create a cozy, heartwarming atmosphere during winter mornings.

Related keywords: winter morning, Christmas warmth, holiday cheer, festive morning, cozy winter, holiday spirit, Christmas morning, seasonal warmth, winter comfort, festive cheer

how do i find my tax file number

How Do I Find My Tax File Number?

If you're wondering, **how do I find my tax file number**, you're not alone. Your Tax File Number (TFN) is a unique identifier issued by the Australian Taxation Office (ATO) that plays a crucial role in managing your tax and superannuation affairs. Whether you've lost your TFN, never received it, or simply need to locate it for a specific purpose, understanding where to find it and how to retrieve it is essential. This comprehensive guide will walk you through the various methods to find your TFN, explain why it's important, and provide tips to keep your number secure.

Understanding the Importance of Your Tax File Number

Before diving into how to locate your TFN, it's helpful to understand why it's so vital. Your TFN:

- Is used to identify you in the tax and superannuation systems.
- Helps ensure you pay the correct amount of tax.
- Allows the ATO to keep accurate records of your income and tax obligations.
- Is necessary when lodging your tax return or applying for government benefits.
- Is required for opening certain bank accounts and superannuation funds.

Losing or forgetting your TFN can cause delays in processing your tax documents or accessing benefits. Therefore, it's crucial to know how and where to find your TFN when needed.

Where Can I Find My Tax File Number?

There are several official and secure ways to locate your TFN. Here's a breakdown of the most common methods:

1. Check Your Previous Tax Documents

Your TFN is often printed on various tax-related paperwork. Review the following documents:

- Income Tax Return Notices of Assessment: Your TFN is usually listed on your Notice of Assessment.
- PAYG Payment Summaries: Employers sometimes include your TFN on payment summaries or income statements.
- Superannuation Statements: Some super funds include your TFN on annual statements.

- Payment Summaries or Group Certificates: If you have these documents from previous employment.

2. Look for Correspondence from the ATO

If the ATO has previously contacted you regarding your tax or superannuation, your TFN may be included in:

- Letters or notices sent by the ATO.
- Your online inbox if you've registered for the ATO's online services.

3. Access Your MyGov Account

If you've linked your MyGov account to the ATO, you can easily find your TFN online:

- Log in to your my.gov.au account.
- Navigate to the 'Tax' section.
- View your tax details, where your TFN is displayed.

This is one of the most convenient and secure methods to retrieve your TFN if you have online access set up.

4. Contact Your Previous Employer or Financial Institution

Employers and banks often record your TFN for payroll and financial purposes:

- Employers: Contact your HR department or payroll provider.
- Banks and Super Funds: Contact your bank or superannuation fund directly and verify your identity to request your TFN.

5. Contact the Australian Taxation Office Directly

If other methods aren't successful, you can request your TFN directly from the ATO:

- Phone: Call the ATO on 13 28 61 (inside Australia).
- In-Person: Visit an ATO shopfront or service centre.
- Mail or Fax: Submit a request form, available on the ATO website, along with proof of identity.

Note: You'll need to verify your identity to protect your personal information.

How to Retrieve Your TFN if You've Lost It

Losing your TFN can be stressful, but the ATO provides secure ways to recover it:

1. Use Your MyGov Account

As mentioned, logging into your MyGov account linked to the ATO is usually the easiest way. Follow these steps:

- Sign in to my.gov.au.
- Select 'Tax' from the menu.
- View your tax details, including your TFN.

2. Contact the ATO

If you're unable to access your MyGov account, contact the ATO directly:

- Call the ATO on 13 28 61.
- Be prepared to answer security questions to verify your identity.
- Once verified, the ATO can provide your TFN over the phone or via secure mail.

3. Check Old Documents

Review previous tax returns, payment summaries, or correspondence that might include your TFN.

4. Engage with Your Financial Institutions

Banks or superannuation funds where you have accounts may have your TFN on record. Contact them with proof of identity to retrieve it.

How to Keep Your TFN Safe

Once you've found your TFN, it's important to keep it secure to prevent identity theft or fraud. Here are some tips:

- Do not share your TFN unless it's necessary for official purposes.

- Store your TFN in a secure location, such as a password-protected digital file or a locked physical safe.
- Be cautious about sharing your TFN over the phone or online, and verify the recipient's identity.
- Avoid carrying your TFN card or document with you unless required, to reduce the risk of loss or theft.

Frequently Asked Questions About Finding Your TFN

Can I Find My TFN on My Tax Return?

Yes, your TFN is typically printed on your Notice of Assessment or other tax documents like payment summaries.

Is My TFN Available Through MyBank?

Banks may record your TFN if you have provided it for superannuation or investment accounts, but they usually don't display it publicly. Contact your bank with proof of identity to access it.

What Should I Do If I Suspect Someone Else Has My TFN?

If you believe your TFN has been compromised, contact the ATO immediately to report potential identity theft and take necessary steps to protect your information.

Summary of Steps to Find Your TFN

- Review your previous tax documents and correspondence.
- Log into your MyGov account linked to the ATO.
- Contact your employer or superannuation fund.
- Reach out directly to the ATO via phone or in person.
- Keep your TFN secure once you've retrieved it.

Conclusion

Knowing how to find your Tax File Number is essential for managing your tax obligations and accessing government services smoothly. Whether through your records, online portals like MyGov, or direct contact with the ATO, there are multiple secure ways to retrieve your TFN when needed. Remember to keep your TFN information safe and confidential to protect yourself from identity theft. If you're ever unsure or unable to locate your TFN, don't hesitate to contact the ATO for assistance ? they are there to help you navigate the process securely and efficiently.

How Do I Find My Tax File Number? An Expert Guide to Locating Your Tax Identification

In the realm of personal finance and taxation, your Tax File Number (TFN) is a crucial piece of information. It acts as your unique identifier within the Australian taxation system, enabling the Australian Taxation Office (ATO) to process your tax returns, manage your superannuation, and ensure compliance with tax laws. Despite its importance, many individuals find themselves asking, "How do I find my tax file number?" If you're in this situation, worry not! This comprehensive guide will walk you through the process step by step, providing clarity and confidence in retrieving your TFN efficiently.

Understanding the Significance of Your Tax File Number

Before diving into how to find your TFN, it's vital to appreciate why this number matters. Your TFN is essentially your personal key to the Australian taxation system. It:

- Ensures your tax records are accurately linked to you.
- Simplifies the process of lodging tax returns.
- Facilitates correct withholding tax deductions from your income.
- Is necessary for setting up and managing superannuation accounts.
- Protects your financial identity by uniquely identifying you within government systems.

Losing or misplacing your TFN can lead to delays in tax processing, incorrect tax withholding, and potential penalties. Therefore, knowing how to locate your TFN swiftly is an essential aspect of managing your financial affairs.

How Do I Find My Tax File Number? Step-by-Step Guide

Locating your TFN involves understanding the various sources where it might be stored or recorded. Here's an in-depth look at the methods available to you.

1. Check Your Official Documentation

The first step in your search should be to examine any official correspondence or documents you've received from the ATO or related financial institutions.

Common documents containing your TFN include:

- Tax Return Notices of Assessment: After lodging your tax return, the ATO provides a Notice of Assessment that includes your TFN.

- PAYG Payment Summaries or Payment Summaries: Employers often include your TFN on these summaries.
- Superannuation Statements: Your super fund statements may display your TFN.
- Annual Tax Statements from Financial Institutions: Banks, investment firms, or other financial entities may include your TFN in their annual summaries.
- Previous ATO Correspondence: Any letters or notices from the ATO may mention your TFN.
- Superannuation Fund Communications: Statements or correspondence from your super fund often contain your TFN.

Tip: Always store these documents in a safe, accessible location for future reference?digital copies can be stored securely in cloud services, while physical copies should be kept in a dedicated file or safe.

2. Access Your MyGov Account

The Australian government?s MyGov portal is a centralized platform that links to various government services, including the ATO. If you have an active MyGov account linked to the ATO, retrieving your TFN is straightforward.

Steps to find your TFN via MyGov:

- Log in to Your MyGov Account: Visit my.gov.au and sign in using your credentials.
- Link or Access Your ATO Account: If not already linked, follow prompts to connect your ATO account.
- Navigate to the ATO Section: Once inside, locate the section labeled ?Tax? or ?Australian Taxation Office.?
- View Your TFN: The ATO dashboard will display your personal details, including your TFN.

Note: If you haven?t set up a MyGov account or linked it to the ATO, this method won?t be immediately available. Setting up a MyGov account is free and straightforward, but it requires verifying your identity.

3. Contact the Australian Taxation Office Directly

If you are unable to locate your TFN through your documents or online accounts, contacting the ATO directly is an effective fallback.

How to contact the ATO:

- Phone: Call the ATO's individual inquiries line at 13 28 61 (from within Australia). Be prepared to verify your identity through questions related to your personal details, previous tax lodgements, or superannuation accounts.

- In Person: Visit your local ATO shopfront or service center with appropriate identification.

- Online Contact: Use the ATO's secure messaging service via your myGov account if linked, or submit an enquiry through their online contact forms.

Important: Due to privacy and security measures, the ATO will only disclose your TFN after verifying your identity. This process may involve confirming details such as your full name, date of birth, address, and other identifiers.

4. Review Your Financial and Employment Records

Employers, payroll providers, and financial institutions typically retain records of your TFN, especially if they've issued you PAYG summaries or tax statements.

Sources include:

- Payslips: Some employers include your TFN on your pay slips.
- Superannuation Fund Statements: Your super fund statements may display your TFN.
- Bank or Investment Statements: Financial institutions often record your TFN for tax purposes.
- Previous Tax Returns: If you've lodged tax returns before, your TFN might appear on those documents.

Tip: If you have online accounts with your super fund or bank, log in to check whether your TFN is stored in your profile.

What To Do If You Can't Find Your TFN

Sometimes, despite efforts, you may still be unable to find your TFN. In such cases, it's important to understand the steps to take to avoid delays or penalties.

1. Lodge a 'Notice of Assessment' Request

If you've previously lodged a tax return, your TFN should be on your Notice of Assessment. If you've lost this document, contact the ATO to request a copy.

2. Complete a TFN Declaration Form

If you're starting a new job and don't know your TFN, you can complete a Tax File Number

Declaration form and submit it to your employer. The employer will then contact the ATO on your behalf to verify and retrieve your TFN.

3. Apply for a New TFN

In rare cases, if you cannot locate your TFN and cannot retrieve it through the above methods, you can apply for a new one by:

- Visiting an ATO shopfront or service center.
- Providing proof of identity (such as your birth certificate, passport, or driver's license).
- Completing the Application for a Tax File Number for Individuals form.

Note: Applying for a new TFN when you already have one can complicate your records, so ensure you exhaust all options to locate your existing number first.

Best Practices for Managing Your TFN

Once you've located your TFN, it's essential to manage it responsibly:

- **Keep it Secure:** Store your TFN in a safe place and avoid sharing it unnecessarily.
- **Use Digital Storage:** Save digital copies securely, using encrypted cloud storage or password-protected files.
- **Avoid Sharing:** Only provide your TFN to trusted entities such as your employer, financial institutions, or the ATO.
- **Update Your Records:** Ensure your TFN is accurately recorded in all relevant accounts to prevent issues with your tax and superannuation.

Conclusion: Your Path to Finding Your TFN Is Clear

In summary, locating your Tax File Number involves a systematic approach:

- Review your physical documents like tax notices, payment summaries, and super statements.
- Check your online portals, especially your MyGov account linked to the ATO.
- Contact the ATO directly if needed, providing necessary identification.
- Consult your previous employer or financial institutions for records.
- If all else fails, apply for a new TFN through the ATO with proper identification.

Remember, your TFN is a vital part of your financial identity in Australia. Keeping it secure and

accessible ensures smooth tax dealings and peace of mind. With the guidance provided here, you should now feel equipped to find your TFN efficiently and confidently navigate your taxation responsibilities.

Disclaimer: This article is for informational purposes only and should not replace professional advice. If you're unsure about your tax situation or need specific assistance, consult a qualified tax professional or contact the ATO directly.

Question How can I find my Tax File Number (TFN) if I've lost it? You can retrieve your TFN by logging into your myGov account linked to the Australian Taxation Office (ATO), contacting the ATO directly, or checking your previous tax records or notices. **Is my Tax File Number (TFN) available on my payment summaries or tax documents?** Yes, your TFN is usually printed on your payment summaries, income statements, or previous tax notices. If not, you can access it through your myGov account or by contacting the ATO. **How do I apply for a new Tax File Number (TFN) if I don't have one?** You can apply for a TFN online through the ATO's website, by completing a paper application form, or through authorized agents if you're eligible. The process is straightforward and usually free. **Can I find my TFN through my employer or bank?** Your employer or bank may have your TFN on file, but for privacy reasons, they cannot disclose it without your consent. You should check your payslips or bank statements first, or contact the ATO if needed. **What should I do if I suspect someone else has my TFN?** If you suspect your TFN has been compromised, contact the ATO immediately to report it. Do not share your TFN unnecessarily, and monitor your financial accounts for any suspicious activity. **Are there any online tools to help me find my TFN?** The ATO's online services via myGov allow you to access your TFN if you have previously linked your account. Otherwise, you will need to contact the ATO directly for assistance. **How long does it take to get my TFN after applying?** If you apply online, you can usually receive your TFN within a few days. Paper applications may take up to 28 days. It's recommended to apply early to avoid delays when filing your taxes.

Related keywords: tax file number, TFN, how to find my TFN, locate tax file number, TFN lookup, tax file number Australia, TFN application, TFN online, TFN lost, TFN confirmation

Read the full article online: [how do i find my tax file number](#)